



# Teen Dating Violence Prevention Curriculum Overview

## COURSE CONTENT

### MIDDLE SCHOOL (6th & 7th grade)

- Healthy Relationships
- Understanding Feelings
- Staying in control of my feelings and making healthy decisions
- Healthy Communication
- Unhealthy and Unsafe Relationships
- Sexual violence and dating safety
- Relationship rights and getting help

### HIGH SCHOOL (8th-12th grade)

- Defining Caring Relationships
- Defining dating abuse
- Why do people abuse
- Preventing sexual dating abuse
- Overcoming Gender Stereotypes
- How to Help Friends
- Helping friends
- How We Feel and How We Deal
- Equal Power Through Communication

## DELIVERY FORMAT

### PEER-TO-PEER MODEL

- JFSA KNOW ABUSE™ staff will train students within the school to be peer leaders who deliver the material to other students
- Peer leaders are students chosen by staff
- (3) 1 hour training sessions
- 90 minute presentation plus option for additional discussion time

### COLLEGE INTERN MODEL

- Curriculum delivered by trained JFSA staff college interns
- Full version utilizing power point, group discussion and work sheets
  - (9) 45 minute sessions for High School
  - (7) 45 minute sessions for Middle School
- Abbreviated version using power point
  - (4) 45 minute sessions for High School
  - (3) 45 minute sessions for middle school

**Ask us about Trauma-informed Training for Education Professionals!**

**For more information, call 216.218.0364.**

