

JANUARY 2025

JFSA CARING AT HOME CONNECTIONS



JANUARY ACTIVITIES

IN-PERSON PROGRAMS

ONLINE PROGRAMS



SEE THE USA IT'S NOT EASY BEING GREEN

Tuesday, Jan 7 | 1-2pm

While we may be traveling to the poorest state in the USA today, thank goodness for their advancement in transplant surgeries. To keep you on your toes, the International Ballet Competition has been held here since 1978.

RSVP to Jenn Miller at 330.867.3388



L'CHAIM SURPRISING JEWISH TRADITIONS YOU'VE NEVER HEARD OF

Wednesday, Jan 8 | 1-2pm ZOOM

From waving a chicken over your head for atonement to baking key-shaped challah, Jewish traditions are as surprising as they are meaningful.

RSVP to Jenn Miller at 330.867.3388



Joint Program with JFS Columbus ONLINE CHAIR YOGA

Wednesdays, Jan 8, 15 & 22 | 2-2:45pm ZOOM

Stay healthy with chair yoga!

RSVP to Jenn Miller at 330.867.3388



CAFÉ EUROPA LUNCH CLUB Holocaust Survivors & Spouses Only

Thursday, Jan 9 | 12-1pm

Suburban Temple Kol Ami
Come enjoy a kosher lunch and live entertainment!

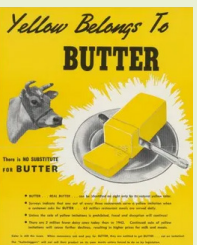
RSVP to Sally Feil at 216.378.3438



GREG PISCURA LIVE!

Thursday, Jan 16 | 12-1pm
Jewish Federation of Cleveland
Enjoy this live concert by musical extraordinaire Greg Piscura!

RSVP to Sally Feil at 216.378.3438



SEE THE USA FORWARD!

Tuesday, Jan 21 | 1-2pm ZOOM

The very famous magician and escape artist, Harry Houdini was from this state that banned margarine for over 70 years.

RSVP to Jenn Miller at 330.867.3388



ARCHITECTURE OF CLEVELAND

Wednesday, Jan 22 | 12:30-1:30pm

Jewish Federation of Cleveland

Learn about the unique architecture of our city in this presentation by Judith Eugene.

RSVP to Sally Feil at 216.378.3438



MOVIE CLUB THE POST

Wednesday, Jan 22 | 1-3:30pm ZOOM

Katharine Graham, the first female publisher of a major American newspaper, The Washington Post and editor Ben Bradlee, race to catch up with The New York Times to expose a massive cover-up of government secrets that spans three decades and four U.S. presidents. We will briefly discuss the film after viewing.

RSVP to Jenn Miller at 330.867.3388



BRAIN HEALTH & WELLNESS FIVE HOLISTIC BRAIN CARE STRATEGIES TO SUPPORT COGNITIVE HEALTH

Thursday, Jan 23 | 6:30-7:30pm ZOOM

This program explores five evidence-based holistic strategies— sense of purpose, clinical aromatherapy, Kirtan Kriya meditation, pet therapy, and more—proven to support brain health and resilience.

RSVP to Nicole Hale at 216.504.2615



BLUES BINGO

Wednesday, Jan 29 | 1-2pm

Beachwood Library

Beat those winter blues with Blues Bingo! A winter themed bingo event

RSVP to Sally Feil at 216.378.3438



CAFÉ EUROPA: CONCERT BY WALT & STEVE

Holocaust Survivors & Spouses Only











Thursday, Jan 30 | 12-1pm

Suburban Temple Kol Ami

Enjoy the sounds of these talented musicians and a kosher lunch.

RSVP to Sally Feil at 216.378.3438

JANUARY CALENDAR

TUESDAY 1/7	WEDNESDAY 1/8	THURSDAY 1/9	FRIDAY 1/10
 IT'S NOT EASY BEING GREEN 1-2pm	 SURPRISING JEWISH TRADITIONS YOU'VE NEVER HEARD OF 1-2PM  CHAIR YOGA 2-2:45pm	 CAFÉ EUROPA: LUNCH 12-1PM	
TUESDAY 1/14	WEDNESDAY 1/15	THURSDAY 1/16	FRIDAY 1/17
	 CHAIR YOGA 2-2:45pm	 GREG PISCURA LIVE! 12-1PM	
TUESDAY 1/21	WEDNESDAY 1/22	THURSDAY 1/23	FRIDAY 1/24
 FORWARD! 1-2PM	 ARCHITECTURE OF CLEVELAND 12:30-1:30  MOVIE CLUB "THE POST" 1-3:30PM  CHAIR YOGA 2-2:45pm	 FIVE HOLISTIC BRAIN CARE STRATEGIES TO SUPPORT COGNITIVE HEALTH 6:30-7:30pm	
TUESDAY 1/28	WEDNESDAY 1/29	THURSDAY 1/30	FRIDAY 1/31
	 BLUES BINGO 1-2pm	 CAFÉ EUROPA: CONCERT BY WALT & STEVE 12-1pm	

Limited transportation to in-person activities available. Please do not attend if feeling unwell.

JFSA Caring at Home helps seniors and other adults manage their independence and live healthier lives.

